



Latest Poverty Lines by Afghanistan Provinces, April 2026

Poverty lines (PL) are in Afghanis (AFN) per person per month.

Province	Food PL (AFN)	Non-food PL (AFN)	Total PL (AFN)
Afghanistan (national average)	1,729	1,109	2,838
Badakhshan - Rural	1,729	530	2,259
Badakhshan - Urban	1,729	1,123	2,852
Badghis - Rural	1,729	628	2,356
Badghis - Urban	1,729	1,443	3,172
Baghlan - Rural	1,729	547	2,276
Baghlan - Urban	1,729	1,159	2,887
Balkh - Rural	1,729	849	2,577
Balkh - Urban	1,729	1,846	3,575
Bamyan - Rural	1,729	417	2,145
Daykundi - Rural	1,729	472	2,200
Farah - Rural	1,729	628	2,356
Farah - Urban	1,729	1,443	3,172
Faryab - Rural	1,729	667	2,396
Faryab - Urban	1,729	1,451	3,180
Ghazni - Rural	1,729	497	2,225
Ghor - Rural	1,729	519	2,247
Helmand - Rural	1,729	1,075	2,804
Helmand - Urban	1,729	1,565	3,293
Herat - Rural	1,729	628	2,356
Herat - Urban	1,729	1,443	3,172
Jawzjan - Rural	1,729	660	2,389
Jawzjan - Urban	1,729	1,436	3,165
Kabul - Rural	1,729	1,007	2,736
Kabul - Urban	1,729	2,509	4,238
Kandahar - Rural	1,729	978	2,706
Kandahar - Urban	1,729	1,423	3,151
Kapisa - Rural	1,729	866	2,594
Kapisa - Urban	1,729	2,156	3,885
Khost - Rural	1,729	704	2,433
Kunar - Rural	1,729	649	2,377
Kunar - Urban	1,729	1,866	3,595
Kunduz - Rural	1,729	563	2,291
Kunduz - Urban	1,729	1,192	2,920
Laghman - Rural	1,729	649	2,377
Laghman - Urban	1,729	1,866	3,595

Province	Food PL (AFN)	Non-food PL (AFN)	Total PL (AFN)
Logar - Rural	1,729	925	2,653
Logar - Urban	1,729	2,303	4,032
Nangarhar - Rural	1,729	649	2,377
Nangarhar - Urban	1,729	1,866	3,595
Nimroz - Rural	1,729	1,031	2,760
Nimroz - Urban	1,729	1,501	3,229
Nuristan - Rural	1,729	649	2,377
Nuristan - Urban	1,729	1,866	3,595
Paktia - Rural	1,729	828	2,557
Paktika - Rural	1,729	675	2,404
Panjsher - Rural	1,729	925	2,653
Panjsher - Urban	1,729	2,303	4,032
Parwan - Rural	1,729	896	2,624
Parwan - Urban	1,729	2,231	3,959
Samangan - Rural	1,729	736	2,464
Samangan - Urban	1,729	1,600	3,329
Sar-e-Pul - Rural	1,729	759	2,488
Sar-e-Pul - Urban	1,729	1,651	3,379
Takhar - Rural	1,729	547	2,275
Takhar - Urban	1,729	1,159	2,887
Uruzgan - Rural	1,729	1,031	2,760
Uruzgan - Urban	1,729	1,501	3,229
Wardak - Rural	1,729	925	2,653
Wardak - Urban	1,729	2,303	4,032
Zabul - Rural	1,729	1,031	2,760
Zabul - Urban	1,729	1,501	3,229

Food poverty line is uniform across provinces (anchored to Kabul prices, updated with Kabul food CPI). Non-food poverty line varies by 14 areas (region x urban/rural residence combinations), updated with province-level non-food CPI. NSIA splits provinces into eight regions. Two regions only have rural areas (South and West-Central). Values rounded to the nearest Afghani.



Methodology

Baseline poverty lines

Poverty lines are drawn from Afghanistan's Income, Expenditure and Labour Force Survey 2020 (IE&LFS; 2020), conducted by the National Statistics and Information Authority (NSIA) and the World Bank. Poverty lines are estimated per person per month. The food poverty line is set at the cost of obtaining 2,100 kcal per person per day from a reference basket reflecting actual Afghan food consumption, priced at Central Urban (Kabul) prices in Q1 2019 (October–December 2019). Its value was AFN 1,330 per person per month. Non-food poverty lines are area-specific (14 areas covering 8 regions × urban/rural residence) and priced in Q1 2019 (October–December 2019) prices at the time of the survey (IE&LFS; 2020). South and West Central regions are classified as rural-only and have no urban poverty line. As NSIA publishes CPI data only for 20 provinces, we fill missing provinces' CPI with average provincial CPI by region.

Updating to current prices

The food poverty line is updated monthly using the Kabul food CPI (NSIA), maintaining consistency with the Kabul price base of the original survey. The non-food poverty line for each area's associated provinces is updated using province-level non-food CPI from NSIA, hence preserving the spatial variation estimated in 2019-2020. This approach produces a total poverty line per person per month in current Afghani for each province × urban/rural residence combination.

Interpretation

The total poverty line represents the minimum monthly expenditure per person needed to meet basic food and non-food needs in each province and residence type. To estimate a household transfer value, multiply the per-person total poverty line by household size. Upward adjustments for vulnerable households (female-headed, displaced, disabled, returnee, refugee, disaster-affected, carrying debt) can be applied using our online calculator at <https://dataforafghanistan.org/aidtoolkit/>

Data sources

IE&LFS; 2020 poverty line baselines, NSIA. Monthly food and non-food CPI by province, NSIA.

Get timely access to monthly poverty line updates

This report is published with one month lag after NSIA publishes monthly CPI data. Humanitarian agencies that need immediate access to the updated poverty lines, without waiting for the public release, should get subscription for the full province-level dataset. Meanwhile, check the interactive online calculator at dataforafghanistan.org/aidtoolkit/

Contact us: contact@dataforafghanistan.org

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