



## Latest Poverty Lines by Afghanistan Provinces, February 2026

Poverty lines (PL) are in Afghanis (AFN) per person per month.

Province	Food PL (AFN)	Non-food PL (AFN)	Total PL (AFN)
<b>Afghanistan (national average)</b>	<b>1,663</b>	<b>1,096</b>	<b>2,760</b>
Badakhshan - Rural	1,663	513	2,176
Badakhshan - Urban	1,663	1,087	2,750
Badghis - Rural	1,663	612	2,275
Badghis - Urban	1,663	1,407	3,070
Baghlan - Rural	1,663	536	2,199
Baghlan - Urban	1,663	1,135	2,798
Balkh - Rural	1,663	834	2,497
Balkh - Urban	1,663	1,814	3,477
Bamyan - Rural	1,663	409	2,072
Daykundi - Rural	1,663	461	2,124
Farah - Rural	1,663	612	2,275
Farah - Urban	1,663	1,407	3,070
Faryab - Rural	1,663	655	2,318
Faryab - Urban	1,663	1,424	3,087
Ghazni - Rural	1,663	487	2,150
Ghor - Rural	1,663	506	2,169
Helmand - Rural	1,663	1,077	2,740
Helmand - Urban	1,663	1,567	3,230
Herat - Rural	1,663	612	2,275
Herat - Urban	1,663	1,407	3,070
Jawzjan - Rural	1,663	654	2,317
Jawzjan - Urban	1,663	1,422	3,085
Kabul - Rural	1,663	994	2,657
Kabul - Urban	1,663	2,475	4,138
Kandahar - Rural	1,663	964	2,627
Kandahar - Urban	1,663	1,402	3,065
Kapisa - Rural	1,663	855	2,518
Kapisa - Urban	1,663	2,129	3,792
Khost - Rural	1,663	704	2,367
Kunar - Rural	1,663	646	2,309
Kunar - Urban	1,663	1,859	3,522
Kunduz - Rural	1,663	557	2,220
Kunduz - Urban	1,663	1,179	2,842
Laghman - Rural	1,663	646	2,309
Laghman - Urban	1,663	1,859	3,522

Province	Food PL (AFN)	Non-food PL (AFN)	Total PL (AFN)
Logar - Rural	1,663	916	2,579
Logar - Urban	1,663	2,282	3,945
Nangarhar - Rural	1,663	646	2,309
Nangarhar - Urban	1,663	1,859	3,522
Nimroz - Rural	1,663	1,026	2,689
Nimroz - Urban	1,663	1,493	3,156
Nuristan - Rural	1,663	646	2,309
Nuristan - Urban	1,663	1,859	3,522
Paktia - Rural	1,663	818	2,481
Paktika - Rural	1,663	669	2,332
Panjsher - Rural	1,663	916	2,579
Panjsher - Urban	1,663	2,282	3,945
Parwan - Rural	1,663	894	2,557
Parwan - Urban	1,663	2,227	3,890
Samangan - Rural	1,663	719	2,382
Samangan - Urban	1,663	1,563	3,227
Sar-e-Pul - Rural	1,663	728	2,391
Sar-e-Pul - Urban	1,663	1,582	3,246
Takhar - Rural	1,663	572	2,235
Takhar - Urban	1,663	1,211	2,874
Uruzgan - Rural	1,663	1,026	2,689
Uruzgan - Urban	1,663	1,493	3,156
Wardak - Rural	1,663	916	2,579
Wardak - Urban	1,663	2,282	3,945
Zabul - Rural	1,663	1,026	2,689
Zabul - Urban	1,663	1,493	3,156

*Food poverty line is uniform across provinces (anchored to Kabul prices, updated with Kabul food CPI). Non-food poverty line varies by 14 areas (region x urban/rural residence combinations), updated with province-level non-food CPI. NSIA splits provinces into eight regions. Two regions only have rural areas (South and West-Central). Values rounded to the nearest Afghani.*



## Methodology

---

### Baseline poverty lines

Poverty lines are drawn from Afghanistan's Income, Expenditure and Labour Force Survey 2020 (IE&LFS; 2020), conducted by the National Statistics and Information Authority (NSIA) and the World Bank. Poverty lines are estimated per person per month. The food poverty line is set at the cost of obtaining 2,100 kcal per person per day from a reference basket reflecting actual Afghan food consumption, priced at Central Urban (Kabul) prices in Q1 2019 (October–December 2019). Its value was AFN 1,330 per person per month. Non-food poverty lines are area-specific (14 areas covering 8 regions × urban/rural residence) and priced in Q1 2019 (October–December 2019) prices at the time of the survey (IE&LFS; 2020). South and West Central regions are classified as rural-only and have no urban poverty line. As NSIA publishes CPI data only for 20 provinces, we fill missing provinces' CPI with average provincial CPI by region.

### Updating to current prices

The food poverty line is updated monthly using the Kabul food CPI (NSIA), maintaining consistency with the Kabul price base of the original survey. The non-food poverty line for each area's associated provinces is updated using province-level non-food CPI from NSIA, hence preserving the spatial variation estimated in 2019–2020. This approach produces a total poverty line per person per month in current Afghani for each province × urban/rural residence combination.

### Interpretation

The total poverty line represents the minimum monthly expenditure per person needed to meet basic food and non-food needs in each province and residence type. To estimate a household transfer value, multiply the per-person total poverty line by household size. Upward adjustments for vulnerable households (female-headed, displaced, disabled, returnee, refugee, disaster-affected, carrying debt) can be applied using our online calculator at <https://dataforafghanistan.org/aidtoolkit/>

### Data sources

IE&LFS; 2020 poverty line baselines, NSIA. Monthly food and non-food CPI by province, NSIA.

### Get timely access to monthly poverty line updates

This report is published with one month lag after NSIA publishes monthly CPI data. Humanitarian agencies that need immediate access to the updated poverty lines, without waiting for the public release, should get subscription for the full province-level dataset. Meanwhile, check the interactive online calculator at [dataforafghanistan.org/aidtoolkit/](https://dataforafghanistan.org/aidtoolkit/)

**Contact us: [contact@dataforafghanistan.org](mailto:contact@dataforafghanistan.org)**

*All content is published under Creative Commons Attribution-No Derivatives-Non Commercial 4.0 International License (CC BY-ND-NC 4.0). Please cite as: Data for Afghanistan, Afghanistan Poverty Lines, February 2026, <https://dataforafghanistan.org/aidtoolkit/>*