



Latest Poverty Lines by Afghanistan Provinces, January 2026

Poverty lines (PL) are in Afghanis (AFN) per person per month.

| Province | Food PL (AFN) | Non-food PL (AFN) | Total PL (AFN) |
|---------------------------------------|---------------|-------------------|----------------|
| Afghanistan (national average) | 1,654 | 1,099 | 2,753 |
| Badakhshan - Rural | 1,654 | 515 | 2,169 |
| Badakhshan - Urban | 1,654 | 1,091 | 2,745 |
| Badghis - Rural | 1,654 | 619 | 2,273 |
| Badghis - Urban | 1,654 | 1,423 | 3,077 |
| Baghlan - Rural | 1,654 | 537 | 2,191 |
| Baghlan - Urban | 1,654 | 1,138 | 2,792 |
| Balkh - Rural | 1,654 | 825 | 2,479 |
| Balkh - Urban | 1,654 | 1,793 | 3,447 |
| Bamyan - Rural | 1,654 | 410 | 2,064 |
| Daykundi - Rural | 1,654 | 470 | 2,124 |
| Farah - Rural | 1,654 | 619 | 2,273 |
| Farah - Urban | 1,654 | 1,423 | 3,077 |
| Faryab - Rural | 1,654 | 661 | 2,315 |
| Faryab - Urban | 1,654 | 1,438 | 3,092 |
| Ghazni - Rural | 1,654 | 484 | 2,138 |
| Ghor - Rural | 1,654 | 522 | 2,176 |
| Helmand - Rural | 1,654 | 1,081 | 2,735 |
| Helmand - Urban | 1,654 | 1,572 | 3,226 |
| Herat - Rural | 1,654 | 619 | 2,273 |
| Herat - Urban | 1,654 | 1,423 | 3,077 |
| Jawzjan - Rural | 1,654 | 655 | 2,309 |
| Jawzjan - Urban | 1,654 | 1,425 | 3,079 |
| Kabul - Rural | 1,654 | 982 | 2,636 |
| Kabul - Urban | 1,654 | 2,445 | 4,099 |
| Kandahar - Rural | 1,654 | 972 | 2,626 |
| Kandahar - Urban | 1,654 | 1,415 | 3,069 |
| Kapisa - Rural | 1,654 | 870 | 2,524 |
| Kapisa - Urban | 1,654 | 2,168 | 3,822 |
| Khost - Rural | 1,654 | 709 | 2,363 |
| Kunar - Rural | 1,654 | 647 | 2,301 |
| Kunar - Urban | 1,654 | 1,861 | 3,515 |
| Kunduz - Rural | 1,654 | 559 | 2,213 |
| Kunduz - Urban | 1,654 | 1,185 | 2,839 |
| Laghman - Rural | 1,654 | 647 | 2,301 |
| Laghman - Urban | 1,654 | 1,861 | 3,515 |

| Province | Food PL (AFN) | Non-food PL (AFN) | Total PL (AFN) |
|-------------------|---------------|-------------------|----------------|
| Logar - Rural | 1,654 | 918 | 2,572 |
| Logar - Urban | 1,654 | 2,286 | 3,940 |
| Nangarhar - Rural | 1,654 | 647 | 2,301 |
| Nangarhar - Urban | 1,654 | 1,861 | 3,515 |
| Nimroz - Rural | 1,654 | 1,032 | 2,686 |
| Nimroz - Urban | 1,654 | 1,502 | 3,156 |
| Nuristan - Rural | 1,654 | 647 | 2,301 |
| Nuristan - Urban | 1,654 | 1,861 | 3,515 |
| Paktia - Rural | 1,654 | 766 | 2,420 |
| Paktika - Rural | 1,654 | 654 | 2,308 |
| Panjsher - Rural | 1,654 | 918 | 2,572 |
| Panjsher - Urban | 1,654 | 2,286 | 3,940 |
| Parwan - Rural | 1,654 | 897 | 2,551 |
| Parwan - Urban | 1,654 | 2,234 | 3,888 |
| Samangan - Rural | 1,654 | 712 | 2,366 |
| Samangan - Urban | 1,654 | 1,548 | 3,202 |
| Sar-e-Pul - Rural | 1,654 | 704 | 2,358 |
| Sar-e-Pul - Urban | 1,654 | 1,531 | 3,185 |
| Takhar - Rural | 1,654 | 580 | 2,234 |
| Takhar - Urban | 1,654 | 1,229 | 2,883 |
| Uruzgan - Rural | 1,654 | 1,032 | 2,686 |
| Uruzgan - Urban | 1,654 | 1,502 | 3,156 |
| Wardak - Rural | 1,654 | 918 | 2,572 |
| Wardak - Urban | 1,654 | 2,286 | 3,940 |
| Zabul - Rural | 1,654 | 1,032 | 2,686 |
| Zabul - Urban | 1,654 | 1,502 | 3,156 |

Food poverty line is uniform across provinces (anchored to Kabul prices, updated with Kabul food CPI). Non-food poverty line varies by 14 areas (region x urban/rural residence combinations), updated with province-level non-food CPI. NSIA splits provinces into eight regions. Two regions only have rural areas (South and West-Central). Values rounded to the nearest Afghani.



Methodology

Baseline poverty lines

Poverty lines are drawn from Afghanistan's Income, Expenditure and Labour Force Survey 2020 (IE&LFS; 2020), conducted by the National Statistics and Information Authority (NSIA) and the World Bank. Poverty lines are estimated per person per month. The food poverty line is set at the cost of obtaining 2,100 kcal per person per day from a reference basket reflecting actual Afghan food consumption, priced at Central Urban (Kabul) prices in Q1 2019 (October–December 2019). Its value was AFN 1,330 per person per month. Non-food poverty lines are area-specific (14 areas covering 8 regions × urban/rural residence) and priced in Q1 2019 (October–December 2019) prices at the time of the survey (IE&LFS; 2020). South and West Central regions are classified as rural-only and have no urban poverty line. As NSIA publishes CPI data only for 20 provinces, we fill missing provinces' CPI with average provincial CPI by region.

Updating to current prices

The food poverty line is updated monthly using the Kabul food CPI (NSIA), maintaining consistency with the Kabul price base of the original survey. The non-food poverty line for each area's associated provinces is updated using province-level non-food CPI from NSIA, hence preserving the spatial variation estimated in 2019-2020. This approach produces a total poverty line per person per month in current Afghani for each province × urban/rural residence combination.

Interpretation

The total poverty line represents the minimum monthly expenditure per person needed to meet basic food and non-food needs in each province and residence type. To estimate a household transfer value, multiply the per-person total poverty line by household size. Upward adjustments for vulnerable households (female-headed, displaced, disabled, returnee, refugee, disaster-affected, carrying debt) can be applied using our online calculator at <https://dataforafghanistan.org/aidtoolkit/>

Data sources

IE&LFS; 2020 poverty line baselines, NSIA. Monthly food and non-food CPI by province, NSIA.

Get timely access to monthly poverty line updates

This report is published with one month lag after NSIA publishes monthly CPI data. Humanitarian agencies that need immediate access to the updated poverty lines, without waiting for the public release, should get subscription for the full province-level dataset. Meanwhile, check the interactive online calculator at dataforafghanistan.org/aidtoolkit/

Contact us: contact@dataforafghanistan.org

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