



Latest Poverty Lines by Afghanistan Provinces, May 2026

Poverty lines (PL) are in Afghanis (AFN) per person per month.

Province	Food PL (AFN)	Non-food PL (AFN)	Total PL (AFN)
Afghanistan (national average)	1,699	1,112	2,811
Badakhshan - Rural	1,699	534	2,233
Badakhshan - Urban	1,699	1,131	2,830
Badghis - Rural	1,699	628	2,327
Badghis - Urban	1,699	1,443	3,143
Baghlan - Rural	1,699	561	2,260
Baghlan - Urban	1,699	1,188	2,887
Balkh - Rural	1,699	850	2,550
Balkh - Urban	1,699	1,849	3,548
Bamyan - Rural	1,699	415	2,114
Daykundi - Rural	1,699	453	2,153
Farah - Rural	1,699	628	2,327
Farah - Urban	1,699	1,443	3,143
Faryab - Rural	1,699	655	2,354
Faryab - Urban	1,699	1,424	3,124
Ghazni - Rural	1,699	493	2,193
Ghor - Rural	1,699	486	2,186
Helmand - Rural	1,699	1,072	2,771
Helmand - Urban	1,699	1,559	3,259
Herat - Rural	1,699	628	2,327
Herat - Urban	1,699	1,443	3,143
Jawzjan - Rural	1,699	659	2,358
Jawzjan - Urban	1,699	1,432	3,132
Kabul - Rural	1,699	1,006	2,705
Kabul - Urban	1,699	2,504	4,204
Kandahar - Rural	1,699	977	2,677
Kandahar - Urban	1,699	1,422	3,122
Kapisa - Rural	1,699	861	2,560
Kapisa - Urban	1,699	2,144	3,843
Khost - Rural	1,699	722	2,421
Kunar - Rural	1,699	643	2,342
Kunar - Urban	1,699	1,849	3,549
Kunduz - Rural	1,699	556	2,255
Kunduz - Urban	1,699	1,177	2,877
Laghman - Rural	1,699	643	2,342
Laghman - Urban	1,699	1,849	3,549

Province	Food PL (AFN)	Non-food PL (AFN)	Total PL (AFN)
Logar - Rural	1,699	921	2,620
Logar - Urban	1,699	2,294	3,993
Nangarhar - Rural	1,699	643	2,342
Nangarhar - Urban	1,699	1,849	3,549
Nimroz - Rural	1,699	1,029	2,729
Nimroz - Urban	1,699	1,498	3,197
Nuristan - Rural	1,699	643	2,342
Nuristan - Urban	1,699	1,849	3,549
Paktia - Rural	1,699	828	2,527
Paktika - Rural	1,699	680	2,380
Panjsher - Rural	1,699	921	2,620
Panjsher - Urban	1,699	2,294	3,993
Parwan - Rural	1,699	891	2,590
Parwan - Urban	1,699	2,219	3,919
Samangan - Rural	1,699	762	2,461
Samangan - Urban	1,699	1,656	3,355
Sar-e-Pul - Rural	1,699	865	2,564
Sar-e-Pul - Urban	1,699	1,880	3,580
Takhar - Rural	1,699	546	2,245
Takhar - Urban	1,699	1,157	2,856
Uruzgan - Rural	1,699	1,029	2,729
Uruzgan - Urban	1,699	1,498	3,197
Wardak - Rural	1,699	921	2,620
Wardak - Urban	1,699	2,294	3,993
Zabul - Rural	1,699	1,029	2,729
Zabul - Urban	1,699	1,498	3,197

Food poverty line is uniform across provinces (anchored to Kabul prices, updated with Kabul food CPI). Non-food poverty line varies by 14 areas (region × urban/rural residence combinations), updated with province-level non-food CPI. NSIA splits provinces into eight regions. Two regions only have rural areas (South and West-Central). Values rounded to the nearest Afghani.



Methodology

Baseline poverty lines

Poverty lines are drawn from Afghanistan's Income, Expenditure and Labour Force Survey 2020 (IE&LFS; 2020), conducted by the National Statistics and Information Authority (NSIA) and the World Bank. Poverty lines are estimated per person per month. The food poverty line is set at the cost of obtaining 2,100 kcal per person per day from a reference basket reflecting actual Afghan food consumption, priced at Central Urban (Kabul) prices in Q1 2019 (October–December 2019). Its value was AFN 1,330 per person per month. Non-food poverty lines are area-specific (14 areas covering 8 regions × urban/rural residence) and priced in Q1 2019 (October–December 2019) prices at the time of the survey (IE&LFS; 2020). South and West Central regions are classified as rural-only and have no urban poverty line. As NSIA publishes CPI data only for 20 provinces, we fill missing provinces' CPI with average provincial CPI by region.

Updating to current prices

The food poverty line is updated monthly using the Kabul food CPI (NSIA), maintaining consistency with the Kabul price base of the original survey. The non-food poverty line for each area's associated provinces is updated using province-level non-food CPI from NSIA, hence preserving the spatial variation estimated in 2019–2020. This approach produces a total poverty line per person per month in current Afghani for each province × urban/rural residence combination.

Interpretation

The total poverty line represents the minimum monthly expenditure per person needed to meet basic food and non-food needs in each province and residence type. To estimate a household transfer value, multiply the per-person total poverty line by household size. Upward adjustments for vulnerable households (female-headed, displaced, disabled, returnee, refugee, disaster-affected, carrying debt) can be applied using our online calculator at <https://dataforafghanistan.org/aidtoolkit/>

Data sources

IE&LFS; 2020 poverty line baselines, NSIA. Monthly food and non-food CPI by province, NSIA.

Get timely access to monthly poverty line updates

This report is published with one month lag after NSIA publishes monthly CPI data. Humanitarian agencies that need immediate access to the updated poverty lines, without waiting for the public release, should get subscription for the full province-level dataset. Meanwhile, check the interactive online calculator at dataforafghanistan.org/aidtoolkit/

Contact us: contact@dataforafghanistan.org

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